



Veteran Navigator Program

How a Veteran Navigator can help:

The Veteran Navigator can assist you with:

- Accessing other community resources such as housing, employment or health care.
- Enrolling in mental health services or substance use disorder treatment services at Sanilac CMH or with other providers.
- The Veteran Navigator can get you linked with support groups.

Support Group:

The Veteran Support Group meets:



Second Wednesday of each month
4:00 - 5:00 pm

Sandusky Library
55 Sanilac Rd.
Sandusky, MI 48471

This support group is open to all Veterans.
Any questions, call 810-648-0330.

Walking with Warriors
Every warrior needs support at some point. Call the Veteran Navigator at Sanilac CMH to learn more about how we can help.



Talk To Us:

Sanilac County
Community Mental Health
227 E. Sanilac
Sandusky, MI 48471

☎ 810-648-0330 Assistance 24/7
🌐 www.sanilaccmh.org
📘 facebook.com/sanilaccmh



Veteran Navigators can help you navigate the VA system and access the care you need.

Veteran Navigators act as an advocate on behalf of Veterans:

It is our goal to provide assistance and support to Veterans and their families when working through a mental illness or substance abuse challenge. We will serve as an advocate on behalf of the Veteran, providing any necessary information to those agencies or providers based on the specific needs.

Why use a Veteran Navigator?

- **We're advocates.** Because Navigators are located in your community, we'll advocate for you there.
- **We're connected.** We work directly with county, state, and federal VA levels.
- **We're knowledgeable.** We don't just work in the VA systems; we know the many resources.
- **We're here to help.** We listen, advise, and point you in the right direction.

Veteran Navigators assist Michigan Veterans and their families as they work through the many systems of Veterans Affairs for help with mental health, substance abuse, and more.

Navigators across the state serve as local subject matter experts in their region to help Veterans navigate the systems in times of duress.

By maintaining close relationships with other state and county Veteran organizations, Navigators are always up to date on changes through the Department of Veterans Affairs.

What should I bring to my appointment?

The more information you bring, the easier it will be to verify and connect you to services. Please bring*:

- Copy of DD214 or Report of Separation (we can get one if you don't have a copy)
- Social Security Number
- Valid ID
- List of current medications
- Any important documents for which you'd like clarification
- Proof of income

*None of these documents are required of you to meet with a Veteran Navigator. They will simply speed up and clarify the process.

